

FIND THE CORRECT SIZE

These size charts show body measurements and should be used as a guide when choosing the correct size. For example a person with a chest circumference of 108cm -112cm would take a size L when choosing a jacket or overall.



MEN'S CHEST

INTERNATIONAL	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL	6XL	7XL	8XL
CHEST (CM)	72 76 80 84 88	92 96	100 104	108 112	116 120 124	128 132	136 140	144 148	152 156 160	164 168 172	176 180 184	188 192 196	
CHEST (INCHES)	28 30 32 33 34	36 38	40 41	42 44	46 47 48	50 52	54 55	56 58	60 62 64	65 66 67	69 71 73	74 76 77	
EU	36 38 40 42 44	46 48	50 52	54 56	58 60 62	64 66	68 70	72 74	76 78 80	82 84 86	88 90 92	94 96 98	



MEN'S WAIST

INTERNATIONAL	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL	6XL
WAIST SIZE (CM)	60 64 68 72 76 80	84 88	92 96	100 104	108 112	116 120	124 128	132 136 140	144 148 152		
WAIST SIZE (INCH)	22 24 26 28 30 32	33 34	36 38	40 41	42 44	46 47	48 50	52 54 55	56 58 60		
EU SIZE 29" Short	18 19 20 21 22 23	24 25	26 27	28 29	30	31	32	33	34	35	
EU SIZE 31" Regular	36 38 40 42 44 46	48 50	52 54	56 58	60	62	64	66	68	70	
EU SIZE 33" Tall	72 76 80 84 88 92	96 100	104 108	112 116	120	124	128	132	136	140	
EU SIZE 36" X-Tall	72 76 80 84 88 92	96 100	104 108	112 116	120	124	128	132	136	140	
FR SIZE	30 32 34 36 38 40	42 44	46 48	50 52	54	56	58	60	62	64	



WOMEN'S CHEST

INTERNATIONAL	XS	S	M	L	XL	XXL	3XL	4XL
CHEST (CM)	76 80 84 88	92 96	100 104	108 112	116 120 124	128 132	134 136 144	
CHEST (INCH)	30 32 33 34	36 38	40 41	42 44	46 47 48	50 52	53 54 56	
EU	30 32 34 36 38 40	42 44 46 48	50	52	54			
FR	32 34 36 38 40 42	44 46 48	50	52	54	56		
IT	36 38 40 42 44 46 48	50 52	54	56	58	60		
UK	4 6 8 10 12 14 16	18 20	22	24	26	28		



WOMEN'S WAIST

INTERNATIONAL	XS	S	M	L	XL	XXL	3XL	4XL
WAIST SIZE (CM)	60 64 68 72 76 80	84 88	92 96	100 104	108 112	116 120	124 128	
WAIST SIZE (INCH)	22 24 26 28 30 32	33 34	36 38	40 41	42 44	46 47	48 50	
EU	30 32 34 36 38 40	42 44 46 48	50	52	54	56		
FR	32 34 36 38 40 42	44 46 48	50	52	54	56		
IT	36 38 40 42 44 46 48	50 52	54	56	58	60		
UK	4 6 8 10 12 14	16 18 20	22	24	26	28		
HIP (CM)	80 84 88 92 96 100	104 108	112 116	120 124 128	132 136 140	144 148		



MEN'S BODY HEIGHT

UNITS	BODY HEIGHT		LEG LENGTH	
	CM	INCH	CM	INCH
SHORT	160-168	5'3" - 5'6"	74cm	29"
REGULAR	172-180	5'7" - 5'11"	79cm	31"
TALL	184-192	6' 0" - 6'4"	84cm	33"
XTALL	196-204	6'5" - 6'8"	92cm	36"



WOMEN'S BODY HEIGHT

UNITS	BODY HEIGHT		LEG LENGTH	
	CM	INCH	CM	INCH
REGULAR	160-168	5'3" - 5'6"	74cm	29"



FIT GUIDE

MEN'S TROUSERS

SLIM FIT

A fitted cut with active styling, our slim fit trousers are manufactured from the highest quality stretch fabric or feature an element of stretch to give you comfort in any working position.

STANDARD FIT

A stylish but traditional fit that follows the shape of the body without being too fitted.

RELAXED FIT

Relaxed Fit - Our most generous fit, cut to be roomier through the leg for ultimate comfort.

IFR/PORTWEST FR GARMENT SIZE CONVERSION CHART

Overall, Jacket, Shirts Sizing																			
IFR Size/tag	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70
Portwest Size/tag inch	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68
Portwest Size/tag single sizing	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL								
Waist (Work Trousers, Bib & Braces etc)																			
IFR Size/tag			S	M	L	XL	2XL	3XL	4XL	5XL									
Portwest Size/tag			XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL							
Waist inches			28	30	32	34	36	38	40	42	44	46	48	50	52	56			

Note: Garment sizes vary depending on the style. To ensure the perfect fit, try them on.