

# Size Chart Guidelines

**Please remember that this sizing guide is just a guide and that every person's body shape varies, so fit may vary from person to person.**

Overall Sizing																			
Size/Tag	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70
Chest	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
Waist	22	24	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58
Weight (lbs)	140	150	160	170	180	190	200	210	220	230	240	250	260	270	280	290	300	310	320

Work Pant Sizing										
Size/Tag	28	30	32	34	36	38	40	42	44	50
Waist	28	30	32	34	36	38	40	42	44	50

*Unhemmed leg inseam length is 38" - can be hemmed to a maximum inseam length of 36"*

2 Piece Coverall (Mix & Match) - Women's Sizing (Men's Sizing please use Overall Sizing)											
Size/Tag	34	36	38	40	42	44	46	48	50	52	54
Chest	30	32	34	36	38	40	42	44	46	48	50
Waist	24	26	28	30	32	34	36	38	40	42	44
Weight (lbs)	110	120	135	150	160	170	180	195	210	225	240

*\*Most men will fit a tall size jacket \*\*2 Piece Coverall bottoms are measured with overall sizing, not waist sizing.*

Parkas & Coveralls Sizing (Insulated & Non-insulated)									
Size/Tag	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Coverall Size	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62	64-66
Chest	28	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60
Waist	22	24-26	28-30	32-34	36-38	40-42	44-46	48-50	52-54
Weight (lbs)	120-140	145-160	165-180	185-200	205-220	225-240	245-260	265-280	285-300

Bib Pants Sizing (Insulated & Non-insulated)							
Size/Tag	S	M	L	XL	2XL	3XL	4XL
Coverall Size	36-38	40-42	44-46	48-50	52-54	56-58	60-62
Chest	30-32	34-36	38-40	42-44	46-48	50-52	54-56
Waist	24-26	28-30	32-34	36-38	40-42	44-46	48-50
Weight (lbs)	145-160	165-180	185-200	205-220	225-240	245-260	265-280

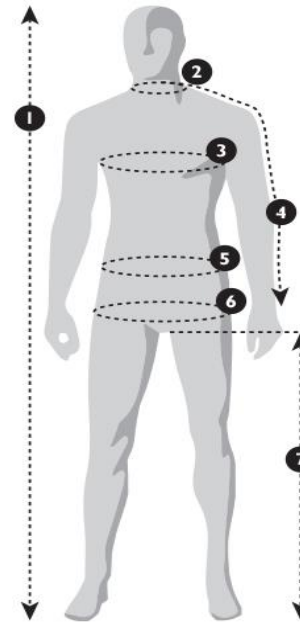
Work Shirt Sizing							
Size/Tag	S	M	L	XL	2XL	3XL	4XL
Chest	30-32	34-36	38-40	42-44	46-48	50-52	54-56
Sleeve Length	33	34	35	36.5	38	39	40

*\*Add 1 1/2" to sleeve length for Tall Sizes*

Henley Shirt Sizing						
Size/Tag	S	M	L	XL	2XL	3XL
Chest	30-32	34-36	38-40	42-44	46-48	50-52
Sleeve Length	34	35	36	37.5	39	40

(R) Regular (5'6" to 5'11") (T) Tall (5'11" to 6'3")

- 1. Height** Stand straight against a wall without your shoes. Measure from the top of your head to the bottom of your feet.
- 2. Neck** Measure around the base of your neck where a collared shirt would fit, or measure a collarband on a shirt that fits you well. Lay the collarband flat. Measure from the beginning of the button hole to the centre of the button.
- 3. Chest** Measure well under your arms, across your shoulder blades and over the fullest part of your chest. Hold the tape firmly, but not tightly. Be sure the tape is level and straight across.
- 4. Sleeve** Bend elbow slightly. Start at the centre, back of the neck and measure across the shoulder to the elbow and down to the wrist.
- 5. Waist** First, remove your belt. Then, measure over shirt (not over pants) at the position you normally wear your pants. Hold the tape firmly, but not tightly.
- 6. Hips** Stand with your heels together. Measure around the fullest part of your hips, holding tape measure level.
- 7. Inseam** Use similar style pants that fit you well. Lay them flat, with the front and back creases smooth. Measure along the inside seam of one leg from the bottom of the hem to the crotch.



Alpha-Numeric					
XS	32-34	L	44-46	3XL	56-58
S	36-38	XL	48-50	4XL	60-62
M	40-42	2XL	52-54	5XL	64-66